



September 30, 2011

Dear friends,

Being an avid sailor, I would term what has been taking place at Silver Hill Hospital as a major “sea change.” Undoubtedly the recent elegant renovations and improvements to our landscape would alone impress you, but I want to draw your attention to an even more important reason to be generous to our annual fund this year. It is the new-found depth and strength in our clinical programming that really makes our psychiatric hospital deserving of your charitable support.

While the changes taking place to buildings and grounds are important to ensure the most optimal therapeutic environment, what goes on behind the scenes is even more significant. I emphasize that everything that happens at Silver Hill is driven by best practices in psychiatric and addiction medicine. Consider these key examples:

In January we opened The Recovery Support and Follow-Up Service, which pairs discharging residential patients with a Silver Hill recovery support advocate, to provide additional support for a year following discharge. Patients benefit from this heightened relationship with the hospital, and we are helping to ensure a more lasting recovery.

Simultaneously we began planning for a new clinical service to address a serious healthcare epidemic involving individuals who suffer from chronic pain and who have become addicted to their pain medications. By the time this letter reaches you, this innovative program – one of only a handful in the nation – will be up and running in a brand new clinic on campus. You can read more about the Chronic Pain and Addiction Program as well as our other services at www.silverhillhospital.org.

This is what Silver Hill is all about – always forward thinking as to the best ways to help people with mental illness and addiction in the most clinically advantageous way. Contributions are paramount to our success and go directly to benefit our patients. Please be generous. Our not-for-profit hospital would be most grateful.

Sincerely,

Sigurd Ackerman, MD
President and Medical Director

Please note – If you wish to be removed from future requests, please notify us in writing with name and address.