



SILVER HILL HOSPITAL

RESTORING MENTAL HEALTH SINCE 1931

The mission of Silver Hill Hospital is to provide our patients with the best available treatment of mental illness and addiction; and to offer continuing support, counseling, and education to our patients and their families in every phase of illness and recovery.

In keeping with our mission, these supportive programs and activities are available to discharging patients:

Intensive Outpatient Programs

The hospital offers a variety of intensive outpatient treatment programs for patients residing close by who wish to extend treatment at the hospital. For information about these programs and the admission process, please consult your TCC, or contact Admissions.

Support Group Meetings at Silver Hill

To inquire about current dates, times, and locations for meetings held on campus by outside organizations including NAMI, AA, Al-anon, NA, Lawyers to Lawyers, and Caduceus (for healthcare professionals), please contact Jennifer Morabito at (203) 801-2345 or jmorabito@silverhillhospital.org.

Silver Links

Silver Links are former patients who serve as supportive contacts for discharging patients in their home area. Silver Links must be actively working a program of recovery and, for those with addiction disorders, have 6 months or more of sobriety. Your TCC can arrange a Silver Link for you.

Alumni Nights for TLP Patients

Former TLP patients are invited to return to regular Thursday night meetings (at 6:45 pm) at Barrett, Scavetta, and River Houses. Please contact Barrett (203) 801-2319, River (203) 801-2365, or Scavetta (203) 801-2385 in advance of attending to register.

As an independent, not-for-profit hospital, Silver Hill relies upon contributions of time and resources to help us meet our mission. We invite you to show your appreciation for your own experience by giving back in these extremely meaningful ways.

Volunteering

Former patients are encouraged to become hospital volunteers. Many different types of assignments are available in both clinical and administrative areas. One favorite activity is the chance to share your story with current patients following your first anniversary as a former patient. For more information, please contact Lisa Ruggiero at (203) 801-2320 or luggiero@silverhillhospital.org.

Contributing

The hospital's philanthropy program is critical to ensuring that future patients dealing with mental illness and substance use disorders will receive the same high caliber treatment for which the hospital has always been known. To learn more about fundraising efforts and ways in which to make a gift to the hospital, please contact Development at (203) 801-2398 or development@silverhillhospital.org.

We encourage you to stay current with hospital news and events by visiting www.silverhillhospital.org. Be sure to check the "alumni" section for updates on activities for former patients, including updates on support group meetings.

Silver Hill Hospital Alumni Office
208 Valley Road
New Canaan, CT 06840
(203) 801-3440
alumni@silverhillhospital.org

Due to the sensitive nature of the care we provide, former patients can rest assured that a relationship with Silver Hill Hospital will always remain confidential. Your privacy is of paramount importance to us.