

## **Adolescent Transitional Program**

- Casual Clothing – no revealing clothing (sleeveless shirts, tank tops, shorts or skirts shorter than finger length, flip flops, high heeled shoes, hats)
- Limited toiletries (no glass or mirrors)
  - manual or battery operated toothbrush
  - new, unopened toothpaste
  - alcohol-free hairspray (non-aerosol)
  - new, unused shampoo, conditioner, soap
  - new, unopened deodorant (non-aerosol)
  - make-up in original plastic bottles
  - alcohol-free mouthwash or breath spray
  - new, unused shaving cream
  - new, sealed package of tampons and sanitary pads
  - cotton balls, q-tips, make-up removal pads
  - alcohol-free perfume or cologne
  - hair dryer, electric razor, nail polish and polish remover (held by staff)
- No dental floss, hand sanitizers, curling irons, tweezers, razors
- No jewelry, including body piercings, is permitted for the first 48 hours
- School books/notebooks are permitted
- Two teen magazines and/or books (none school related) (with appropriate content as approved by the nursing staff)
- IPODs – music only, no videos permitted – other mp3 players are permitted (no video capability or internet access)
- Unopened packages of candy (candy is max. 1 quart bag, staff will supervise), no gum
- Foods related to special dietary needs .
- Pillows, comforters, stuffed animals and musical instruments are permitted at staff discretion
- Portable video games, laptops, and electronic books readers are not permitted
- Maximum \$30 cash

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