



Grand Rounds

Understanding Pediatric Anxiety: Categorization, Treatment, and Neuroscience

Presented by Daniel S. Pine, MD
Chief, Section on Development and Affective Neuroscience
Co-Chief, Emotion and Development Branch
National Institute of Mental Health
Bethesda, MD

Wednesday, May 1, 2019
11:00 a.m. - 12:30 p.m.
Light Refreshments Served
Silver Hill Hospital – Martin Center

This presentation will briefly review from a broad perspective major symptomatic aspects of pediatric anxiety disorders as well as aspects of their longitudinal outcome and relationship to mood disorders. The presentation will consider more deeply on research in treatment. This will focus most practically on currently available treatments for mood and anxiety disorders. In addition, the presentation will focus more superficially on novel therapies, particularly those that are arising through research on attention. This provides novel insights for computer-based attention retraining therapies. Finally, during the discussion period, discussion will be entertained and encouraged on the approach to particularly difficult clinical problems, providing clinicians with guidance in these scenarios. This will include treatment-resistant anxiety, anxiety in very young children, and anxiety in highly-comorbid cases.

At the end of the program, participants will be able to:

- Understand the key phenomenological distinctions among the varied pediatric anxiety disorders
- Understand the process through which clinical research on therapeutics is informed by basic research in systems neuroscience
- Understand the direction in which ongoing research on therapeutics is moving, from basic research to novel applications through cognitive training

Silver Hill Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians. Silver Hill Hospital designates this live activity for a maximum of 1.5 AMA PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program has been approved for Continuing Education Credit Hours by the National Association of Social Workers, CT and meets the continuing education criteria for CT Social Work Licensure renewal. Approval also meets the continuing education criteria for CT LMFTs, LPCs, and licensed psychologists.

To register please email events@silverhillhospital.org