



## GRAND ROUNDS

### **An Update on Autism in Adolescents and Adults**

Presented by: Fred R. Volkmar, M.D.  
Irving B. Harris Professor  
Child Study Center, Yale University School of Medicine

**Wednesday, May 15, 2019**  
**11:00 a.m. - 12:30 p.m.**  
**Light Refreshments Served**  
**Silver Hill Hospital Martin Center**

This presentation will focus on the clinical presentation and common psychiatric, medical and developmental problems of adolescents and adults with autism. The development of the diagnostic concept, current approaches to diagnosis, and changes in outcome will be reviewed. The most frequent psychiatric complications (anxiety and depression) will be discussed along with less common co-morbid conditions. Medical complications are related to potential for developing seizures (particularly in adolescence) and problems associated with lack of physical activity and social isolation. Treatment strategies will be summarized and needs both clinically and in research will be highlighted.

#### Learning Objectives:

- Participants will be able to recall the most frequent psychiatric co-morbidities in adolescence and adults with autism spectrum disorders
- Participants will be able to list the most frequent medical complications in this population
- Participants will be able to state current data on outcome and prognosis in autism

**Silver Hill Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians. Silver Hill Hospital designates this live activity for a maximum of 1.5 AMA PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.**

***This program has been approved for Continuing Education Credit Hours by the National Association of Social Workers, CT and meets the continuing education criteria for CT Social Work Licensure renewal. Approval also meets the continuing education criteria for CT LMFTs, LPCs, and licensed psychologists.***

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