



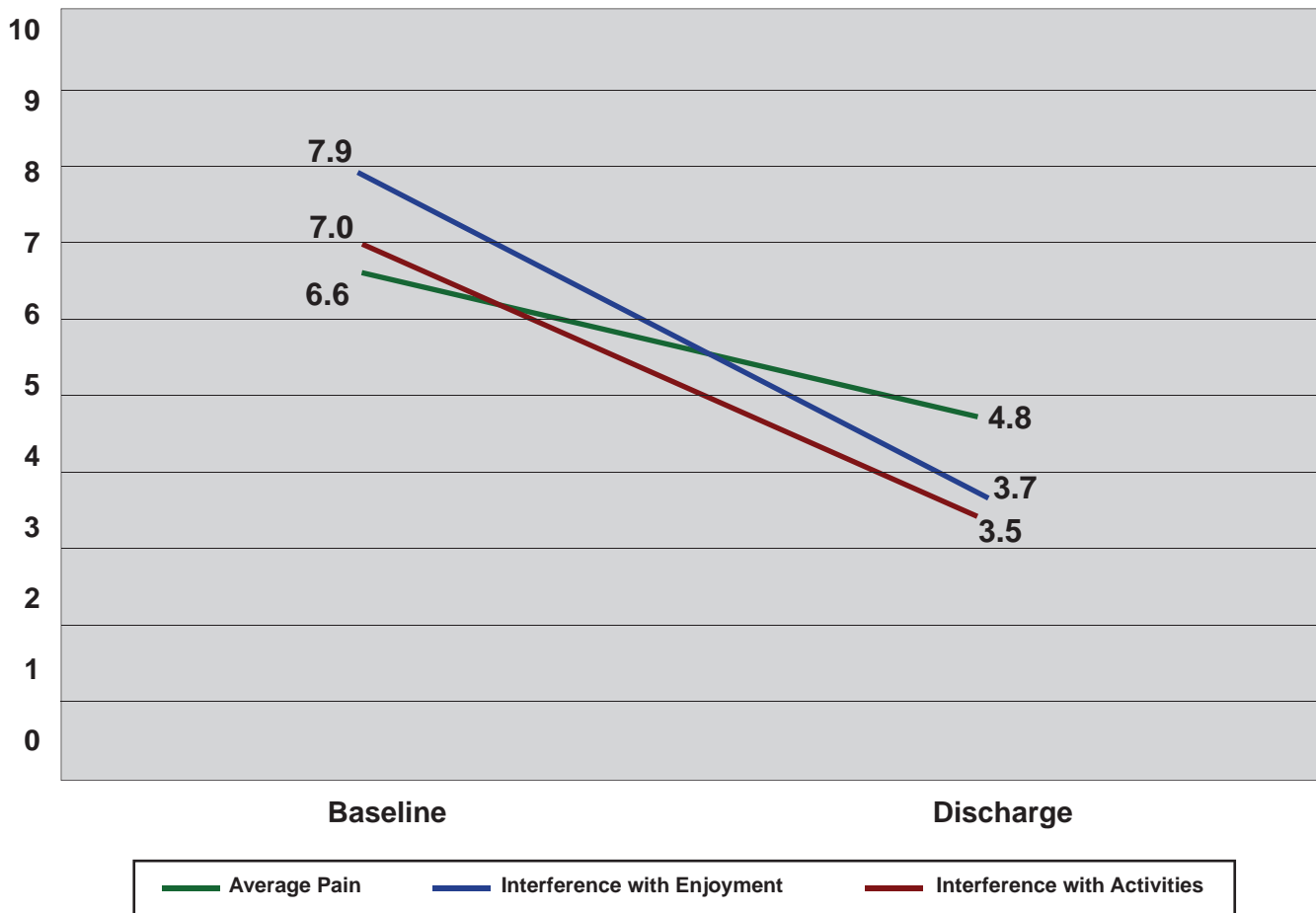
# Silver Hill Hospital

## Chronic Pain & Recovery Center Treatment Outcomes

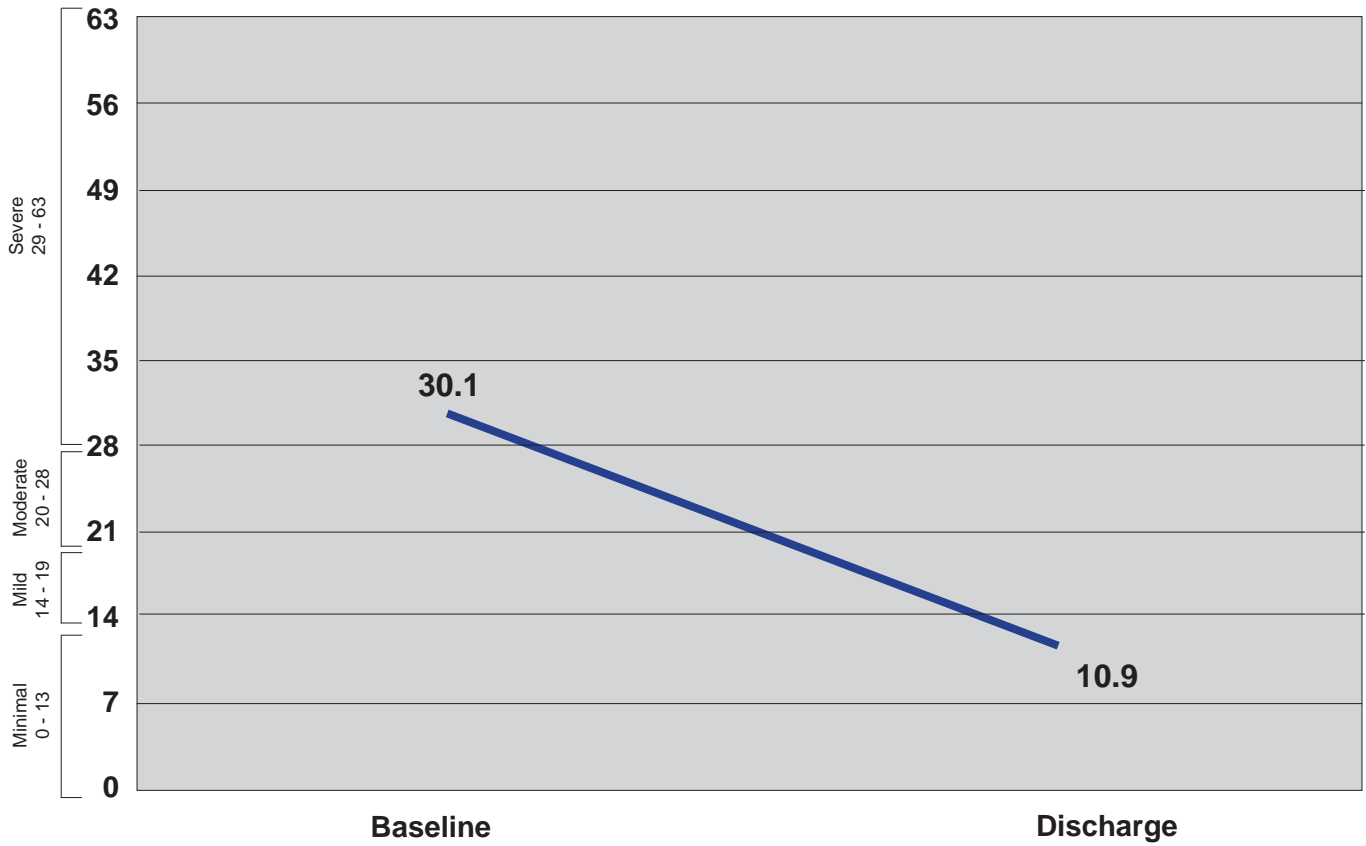
### Key Findings for Patients Completing Our Transitional Living Program

- 80% were either completely off opioids at discharge (63%) or on agonist therapy (17%)
- 19% continued on a lower dose of opioids for pain, with morphine equivalents reduced from a mean of 235 to 54 (77%)
- 1% continued on unchanged doses of opioids
- 24% mean reduction in reported pain
- Greater than 50% reduction in pain interference with activity and enjoyment of life
- Depression and anxiety symptoms were markedly reduced

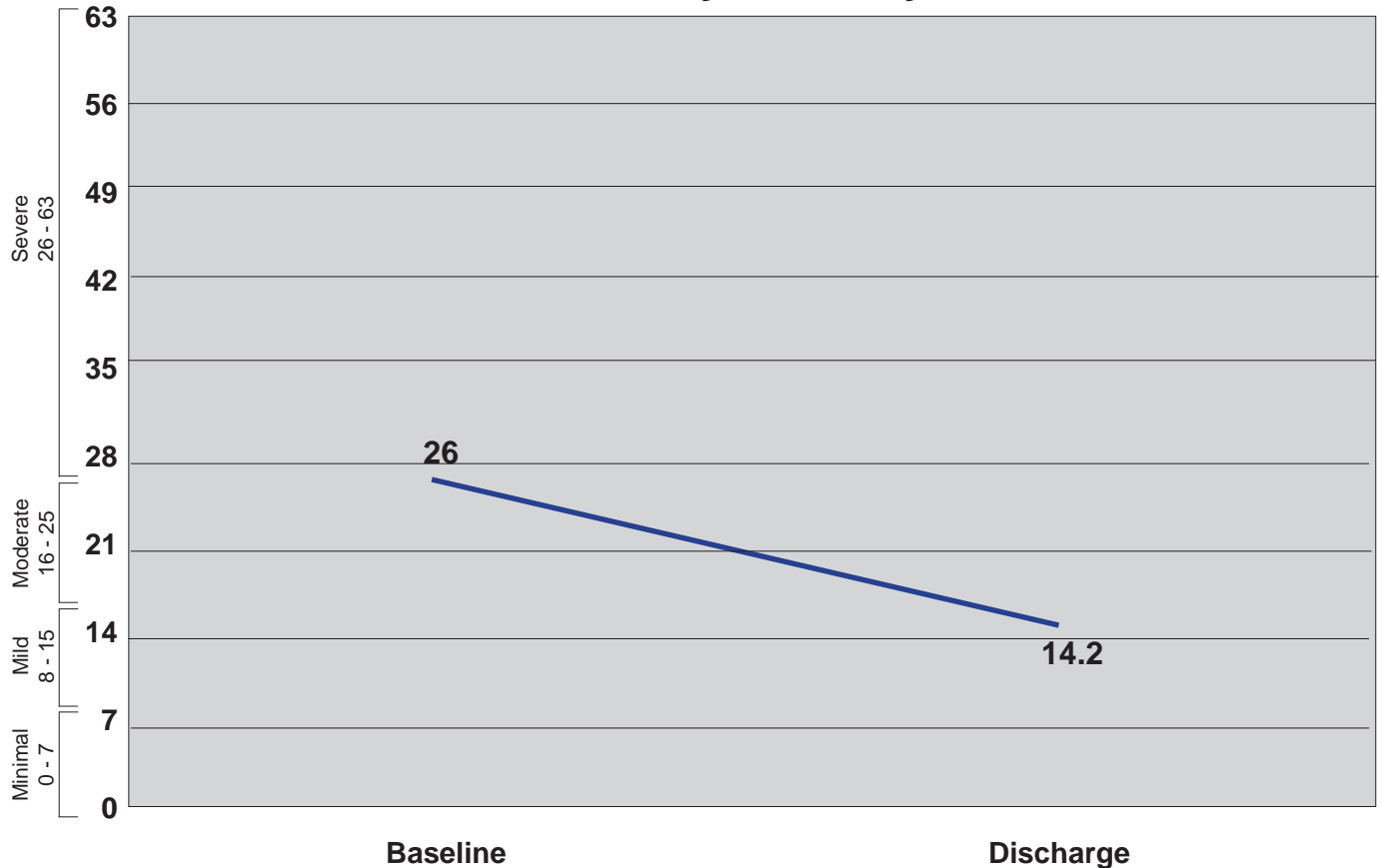
### Brief Pain Inventory



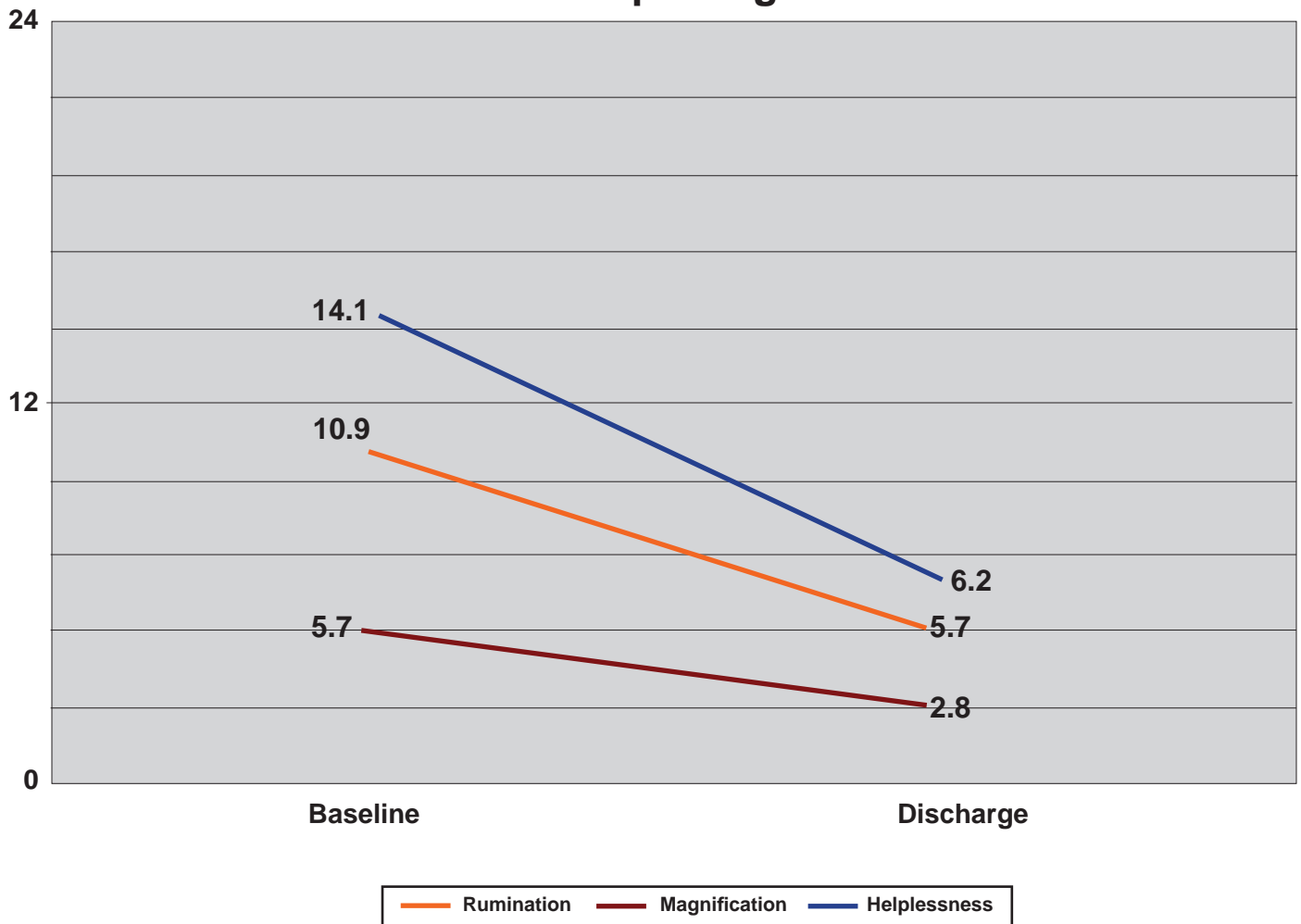
## Beck Depression Inventory II



## Beck Anxiety Inventory



## Pain Catastrophizing Scale



N=118

All findings are significant to the level of  $<.001$

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Beck Anxiety Inventory © 1990, 1987 Aaron T. Beck

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