



## What to Bring: Adolescent Inpatient Program

Approved	Not Approved
<ul style="list-style-type: none"> <li>• Casual clothing (without strings)               <ul style="list-style-type: none"> <li>• jeans and sweatpants</li> </ul> </li> <li>• Limited toiletries:               <ul style="list-style-type: none"> <li>• Manual toothbrush</li> <li>• New unopened <b>non-aerosol</b> alcohol free hairspray</li> <li>• New, sealed deodorant (non-aerosol)</li> <li>• Make-up in original <b>plastic</b> bottles</li> <li>• New, unopened alcohol-free mouthwash or breath spray</li> <li>• New, unused shaving cream</li> <li>• Winter hats for outdoor use</li> <li>• <b>Cordless</b> electric razors and hair trimmers</li> <li>• Sealed alcohol-free make-up removal pads</li> <li>• Sleeveless shirts/tank tops (to be worn under other cover ups)</li> </ul> </li> <li>• New unopened packages of hard candy (max 1 quart size bag)</li> <li>• School books/notebooks are permitted (held by staff)</li> <li>• Maximum of 2 teen magazines and/or books <b>without spirals</b> (with appropriate content as approved by nursing staff)</li> <li>• Musical instruments permitted at staff discretion</li> <li>• A maximum of \$30 may be held by the patient (patient responsibility)</li> <li>• *Please bring ONLY 1 “carry-on” size piece of luggage for your inpatient stay. All items will be moved into a Silver Hill tote bag and any excess will be stored in Admissions and returned at discharge.*</li> </ul>	<ul style="list-style-type: none"> <li>• Clothing with drawstring and clothing with inappropriate imagery or advertisements (at staff discretion)</li> <li>• Clothing with inappropriate imagery or advertisements (at staff discretion)</li> <li>• New, unopened alcohol-free water-based perfume or cologne in original plastic bottle</li> <li>• Toiletries: shampoo, conditioner, soap, toothpaste, sanitary pads/tampons and razors (we will provide these items)</li> <li>• Revealing clothing               <ul style="list-style-type: none"> <li>• short-skirts and short-shorts</li> <li>• open-toe shoes</li> <li>• high heeled shoes</li> <li>• hats sneakers or shoes with laces sneakers or shoes with laces</li> </ul> </li> <li>• Leggings, stockings, or yoga pants</li> <li>• Belts, scarves, or shoelaces</li> <li>• Hair dryers, dental floss, q-tips, cotton balls, hand sanitizers, curling irons, razors, tweezers, nail polish or polish remover (cordless hair dryers and grooming items will be provided)</li> <li>• Jewelry, except a watch; body piercings are permitted at staff discretion</li> <li>• Outside food, beverages, or gum</li> <li>• Videos, DVDs, CDs, portable video games, electronic book readers, cell phones, PDAs, laptops, computers, pagers, Blackberrys, paintbrushes/paint</li> <li>• Pillows, blankets, comforters, or <b>stuffed animals</b></li> </ul>

Silver Hill Hospital

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