



What to Bring: Adult Inpatient Program

Silver Hill Hospital is not responsible for any valuables that are brought and stored at the hospital. All patients are strongly encouraged to leave valuables at home as they are not needed during treatment. Any valuables stored at SHH are done so at the patient's own risk. Patients are assuming responsibility for valuables brought to the hospital should they be lost or damaged.

Please remember to bring a copy of your Advance Directive (if you have one), your insurance card, a photo ID, co-pays and deductibles if applicable, and the contact information for your psychiatrist, therapist and/or pain physician.

Approved	Not Approved
<ul style="list-style-type: none"> • Casual clothing (without strings) <ul style="list-style-type: none"> • jeans and sweatpants • Sleeveless shirts/tank tops are approved only as undergarments to be worn under other cover-ups. • Winter hats for outdoor use only • Limited toiletries: <ul style="list-style-type: none"> • Manual toothbrush • New, sealed deodorant (non-aerosol) • Make-up in original plastic bottles, no glass mirrors • New, unused shaving cream • Cordless electric razors • Silver Hill will provide face wash, soap, shampoo, conditioner, lotion, toothpaste, mouthwash, and safety razors • New unopened packages of cigarettes • Maximum of 2 magazines and/or books without spirals (with appropriate content as approved by nursing staff) • Maximum \$30 may be held by the patient (patient responsibility) • Jewelry: Wedding band and watch permitted (patient responsibility) • *Please bring ONLY 1 "carry-on" size piece of luggage for your inpatient stay. All items will be moved into a Silver Hill tote bag and any excess will be stored in Admissions and returned at discharge. Silver Hill Hospital does not assume responsibility for any belongings stored. Please leave valuable baggage and purses at home.* 	<ul style="list-style-type: none"> • Drawstrings or revealing clothing (short-skirts and short-shorts) • Open toe shoes (flip flops, sandals), shoes with laces, high heeled shoes • Hats for indoor use • Clothing with inappropriate imagery or advertisements (at staff discretion) • Leggings, stockings, or yoga pants • Belts, scarves, or shoelaces • Toiletries, glass bottles of makeup, mirrors, perfume, anything containing alcohol • Hair dryers, dental floss, cotton balls, Q-tips, make up removal pads, hand sanitizers, curling irons, razors, tweezers, nail polish, nail polish remover (cordless hairdryers are provided) • Outside food, beverages, candy or gum • Videos, DVDs, CDs, musical instruments, portable video games, electronic book readers, cell phones, PDAs, laptops, computers, paintbrushes/paint • Pillows, blankets, comforters, or stuffed animals • Lighters, electronic cigarettes, chewing tobacco, cigars, pipes, rolling tobacco and paper • Jewelry except wedding band and watch • Body piercings at staff discretion

Silver Hill Hospital

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