



## What to Bring: Adolescent Transitional Living Program

Approved	Not Approved
<ul style="list-style-type: none"> <li>• Casual Clothing (Sleeveless shirts/tank tops to be worn under other cover ups)</li> <li>• Limited toiletries               <ul style="list-style-type: none"> <li>• Manual or battery operated toothbrush</li> <li>• Alcohol-free hairspray (non-aerosol)</li> <li>• New, unopened deodorant (non-aerosol)</li> <li>• Make-up in original plastic bottles</li> <li>• Alcohol-free mouthwash or breath spray</li> <li>• New, unused shaving cream</li> <li>• Q-tips, make-up removal pads</li> <li>• Alcohol-free perfume or cologne</li> <li>• Hair dryer, electric razor, nail polish and polish remover (held by staff)</li> </ul> </li> <li>• School books/notebooks</li> <li>• Two teen magazines and/or books (not school related), with appropriate content as approved by the nursing staff</li> <li>• iPod – music only</li> <li>• Unopened packages of candy (candy is max. 1 quart bag, staff will supervise)</li> <li>• Foods related to special dietary needs</li> <li>• Pillows, comforters, stuffed animals and musical instruments are permitted at staff discretion</li> <li>• Maximum \$30 to be placed in a personal account for patient's use</li> <li>• High Efficiency (HE) laundry detergent</li> <li>• Electronic Book Readers (content to be approved by staff)</li> </ul>	<ul style="list-style-type: none"> <li>• Revealing clothing (short-skirts and short-shorts)</li> <li>• Flip flops or high heeled shoes</li> <li>• Hats</li> <li>• Toiletries: shampoo, conditioner, soap, toothpaste, sanitary pads/tampons, cotton balls, and razors (we will provide these items)</li> <li>• Dental floss, hand sanitizers, curling irons, tweezers, razors</li> <li>• Jewelry, including body piercings, <b>not permitted for the first 48 hours</b></li> <li>• Videos on iPods</li> <li>• Devices with video or internet access</li> <li>• Gum</li> <li>• Portable video games, laptops</li> <li>• Glass or mirrors</li> </ul>

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