



What to Bring: Adolescent Transitional Living Program

Silver Hill Hospital is not responsible for any valuables that are brought and stored at the hospital. All patients are strongly encouraged to leave valuables at home as they are not needed during treatment. Any valuables stored at SHH are done so at the patient's own risk. Patients are assuming responsibility for valuables brought to the hospital should they be lost or damaged.

Approved	Not Approved
<ul style="list-style-type: none"> • Casual Clothing <ul style="list-style-type: none"> • Jeans and sweatpants • Sleeveless shirts/tank tops are approved only as undergarments to be worn under other cover-ups • Winter hats for outdoor use only • Limited toiletries <ul style="list-style-type: none"> • New unopened toiletries • Toiletries must be alcohol free and aerosol free (ie: alcohol free mouthwash, hairspray, etc.) • Hairdryer, curling iron, razors, tweezers, and nail clippers are permitted at staff discretion • Makeup-without glass or mirrors • Nail polish and remover to be held on to by staff • Body piercings are allowed at staff discretion • Unopened packages of candy (max 1 quart size bag) • Foods related to dietary needs • Musical instruments at staff discretion • School books/notebooks • IPod- music only • Pillows, comforters, stuffed animals • 2 magazines and or books without spirals (appropriate content) • Maximum \$30 to be placed in a personal account for patient's use • Jewelry: watch (patient responsibility) • High Efficiency (HE) laundry detergent • Electronic Book Readers (content to be approved by staff) • *Please bring a maximum of 2 suit-cases for your transitional stay. Any excess will be stored in Admissions and returned at discharge. Silver Hill Hospital does not assume responsibility for any belongings stored. Please leave valuable baggage and purses at home.* 	<ul style="list-style-type: none"> • Revealing clothing (midriffs, short shorts, short skirts) • Flip flops or high heeled shoes • Dental floss, hand sanitizer, curling irons, tweezers, razors • Jewelry including body piercings for the first 48 hours • Devices with internet access • Videos on iPods • Devices with video or internet access • Gum • Videos, DVDs, CDs, portable video games, cell phones, PDAs, laptops, computers • Glass or mirrors

Silver Hill Hospital

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