



What to Bring: Adult Transitional Living Program

Silver Hill Hospital is not responsible for any valuables that are brought and stored at the hospital. All patients are strongly encouraged to leave valuables at home as they are not needed during treatment. Any valuables stored at SHH are done so at the patient's own risk. Patients are assuming responsibility for valuables brought to the hospital should they be lost or damaged.

Please remember to bring a copy of your Advance Directive (if you have one), your insurance card, a photo ID, co-pays and deductibles if applicable, and the contact information for your psychiatrist, therapist and/or pain physician.

Approved	Not Approved
<ul style="list-style-type: none"> • Casual Clothing <ul style="list-style-type: none"> • Jeans and sweatpants • Sleeveless shirts/tank tops are approved only as undergarments to be worn under other cover-ups • Winter hats for outdoor use only • Limited toiletries <ul style="list-style-type: none"> • New unopened toiletries • Toiletries must be alcohol free and non-aerosol (ie: alcohol free mouthwash, hairspray, etc.) • Hairdryer, curling iron, razors, tweezers, and nail clippers are permitted at staff discretion • Makeup • Nail polish and remover to be held on to by staff • Unopened packages of candy (max 1 quart size bag), caffeine free soda • Foods related to dietary needs • Lighters at staff discretion • New unopened packs of cigarettes • iPod– music only • Pillows, comforters and stuffed animals • Magazines and or books without spirals (appropriate content) • Jewelry: Wedding band and watch (patient responsibility) • Maximum \$30 to be placed in a personal account for patient's use • High Efficiency (HE) laundry detergent • Electronic Book Readers (content to be approved by staff) • Nicotine gum/lozenges • *Please bring a maximum of 2 suit-cases for your transitional stay. Any excess will be stored in Admissions and returned at discharge. Silver Hill Hospital does not assume responsibility for any belongings stored. Please leave valuable baggage and purses at home. * 	<ul style="list-style-type: none"> • Revealing clothing (midriff, short-skirts and short-shorts) • Flip flops or high-heeled shoes • Electronic cigarettes, chewing tobacco, rolling tobacco or paper • Videos on iPods • Videos, DVDs, CDs, portable video games, cell phones, PDAs, laptops, computers • Gum

Silver Hill Hospital