



What to Bring: Adolescent Transitional Living Program

Silver Hill Hospital is not responsible for any valuables, including jewelry, that are brought and stored at the hospital. All patients are strongly encouraged to leave valuables at home as they are not needed during treatment. Any valuables stored at SHH are done so at the patient's own risk. Patients are assuming responsibility for valuables brought to the hospital should they be lost or damaged.

| Approved | Not Approved |
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| <ul style="list-style-type: none"> • Casual Clothing <ul style="list-style-type: none"> • Jeans and sweatpants • Sleeveless shirts/tank tops are approved only as undergarments to be worn under other cover-ups • Winter hats for outdoor use only • Limited toiletries <ul style="list-style-type: none"> • New unopened toiletries • Toiletries must be alcohol free and aerosol free (ie: alcohol free mouthwash, hairspray, etc.) • Hairdryer, curling iron, razors, tweezers, and nail clippers are permitted at staff discretion • Makeup-without glass or mirrors • Nail polish and remover to be held on to by staff • Jewelry/piercings returned after 48 hours (at staff discretion) • Musical instruments at staff discretion • School books/notebooks • IPod- music only (no internet access/camera) • Pillows, comforters, stuffed animals • 2 magazines and or books without metal spirals (appropriate content) • Maximum \$30 cash (additional funds can be added to a charge account) • High Efficiency (HE) laundry detergent • *Please bring a maximum of 2 suit-cases for your transitional stay. Any excess will be stored and returned at discharge. Silver Hill Hospital does not assume responsibility for any belongings stored. Please leave valuable baggage and purses at home.* | <ul style="list-style-type: none"> • Revealing clothing (midriffs, short shorts, short skirts) • Flip flops or high heeled shoes • Dental floss, hand sanitizer • Videos on iPods • Devices with video, camera, or internet access • Gum/candy • Videos, DVDs, CDs, portable video games, cell phones, PDAs, laptops, computers, e-readers • Glass or mirrors • Cigarettes, electronic cigarettes, vape pens, chewing tobacco, rolling tobacco or paper |

Silver Hill Hospital

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