



What to Bring: Adult Transitional Living Program

Silver Hill Hospital is not responsible for any valuables, including jewelry, that are brought and stored at the hospital. All patients are strongly encouraged to leave valuables at home as they are not needed during treatment. Any valuables stored at SHH are done so at the patient's own risk. Patients are assuming responsibility for valuables brought to the hospital should they be lost or damaged.

Please remember to bring a copy of your Advance Directive (if you have one), your insurance card, a photo ID, co-pays and deductibles if applicable, and the contact information for your current treatment providers.

Approved	Not Approved
<ul style="list-style-type: none"> • Casual Clothing <ul style="list-style-type: none"> • Jeans and sweatpants • Sleeveless shirts/tank tops are approved only as undergarments to be worn under other cover-ups • Winter hats for outdoor use only • Limited toiletries <ul style="list-style-type: none"> • New unopened toiletries • Toiletries must be alcohol free and non-aerosol (ie: alcohol free mouthwash, hairspray, etc.) • Hairdryer, curling iron, razors, tweezers, and nail clippers are permitted at staff discretion • Makeup • Nail polish and remover to be held on to by staff • Lighters at staff discretion • New unopened packs of cigarettes • iPod– music only (without camera/internet access) • Pillows, comforters and stuffed animals • Magazines and or books without metal spirals (appropriate content) • Jewelry (patient responsibility) • Maximum \$30 cash (additional funds can be added to a charge account) • High Efficiency (HE) laundry detergent • Electronic Book Readers at staff discretion • Nicotine lozenges • Yoga mat • *Please bring a maximum of 2 suit-cases for your transitional stay. Any excess will be stored and returned at discharge. Silver Hill Hospital does not assume responsibility for any belongings stored. Please leave valuable baggage and purses at home. * 	<ul style="list-style-type: none"> • Revealing clothing (midriiffs, short-skirts and short-shorts) • Flip flops or high-heeled shoes • Electronic cigarettes, vape pens, chewing tobacco, rolling tobacco or paper • Videos on iPods • Videos, DVDs, CDs, portable video games, cell phones, PDAs, laptops, computers • Gum • Exercise equipment

Silver Hill Hospital

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